

OFFICIAL GIRLGUIDING ACTIVITY

Adapted from Brownies UMA "Strike a Light"
by Girlguiding Middlesex East for Camp 2020 -
The Home Edition, July 2020.

Brownies Activity

Strike a light

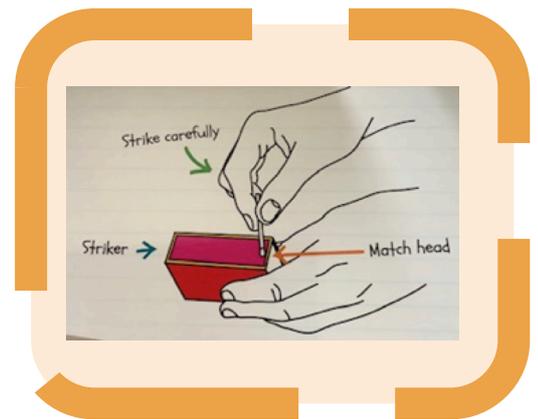
Learn how to strike a match safely

What you will need:

- ★ A box of safety matches (long ones if possible)
- ★ a tea light or candle
- ★ a cup of water.

What to do:

1. If you have long hair tie it back, and roll long sleeves up out of the way.
2. **This activity is only to be done with adult supervision. Please read through all the instructions first.**
3. Have a look at your match box, it will have one or two rough sides; these are the strikers.
4. When you light a match you drag the coloured match head quickly along the striker. Always strike away from you, and the match box should always be closed. Why do you think we do this? (Answer at the bottom of page).
5. Ask your adult to show you how to light the tea light or candle.
6. Now you have a go, stand up or sit down to do this, don't just crouch in case you topple over.
7. Once your tea light or candle is lit, pop your match into the cup of water to make sure it is properly out before it goes into the bin. Why do you think we need to do this?
8. Blow your candle out carefully and try again.
9. When you have finished make sure all your tea lights or candles are out.
10. If you want to take this activity one step further have a look at the S'mores activity sheet.



Answers:
4. We strike the match away from us and keep the matchbox closed when we do this so that sparks from the match don't go on us or into the match box.
7. We need to make sure the match is properly out before putting it into the bin so that it doesn't set light to anything in the bin.

