



OFFICIAL GIRLGUIDING ACTIVITY

Adapted from Brownies Skills Builder "Can you see in the dark" Camp Stage 2
by Girlguiding Middlesex East for Camp 2020 - The Home Edition, July 2020.

Brownies Activity

Can you see in the dark?

On your Brownie Holiday or camp you might have to get ready for bed by torch light - this is a good time to practice so you'll be an expert the next time you go away.

What you need:

You can do this when you get ready to go to bed on our virtual camp, hopefully you will be sleeping in the den you built, in someone else's bed or even in a tent in the garden.

So get together everything you need when you go to bed,

- ★ PJs
- ★ Cuddly
- ★ a book
- ★ a sleeping bag or duvet
- ★ your favourite pillow or blanket
- ★ most importantly a torch!

What to do:

When it's bedtime, brush your teeth and then move to your sleeping place for tonight.

Lay out the things you have collected.

Turn out all the lights, and switch on your torch, and get ready for bed just using your torch.

Is it tricky holding your torch while getting out of your day clothes and into your PJs?

Snuggle down; turn off your torch and go to sleep.

See you in the morning!

